

## **Nisha McKenzie, PA-C**

Founder and Director

Center for Women's Sexual Health



Nisha graduated in 2002 with a Masters in Medicine – Physician Assistant studies. Since that time, she has dedicated her career to women's health and wellness. Beginning in 2011 she intently focused on women's sexual health and its relation to overall health. This was prompted by the realization that information is not being taught to medical providers in a way that can effectively be communicated to the women meant to be helped. Nisha is one of 3 PAs nationwide to be a nationally certified sexuality counselor. Nisha mentors and teaches both Sexual Medicine and Women's Health for the OB/GYN residency programs, Grand Valley State University PA program and the Western Michigan University PA program. She also in on faculty for the University of MI Sexual Health Certificate Program. She speaks at many medical conferences with a dedication to helping providers understand how to better include sexual health into general health. She is the founder and director of the Center for Women's Sexual Health in Grand Rapids, MI. Her goal is to allow all women to embrace sexuality in a manner comfortable for them and to help create a network of providers who can work together to help relationships grow and improve, whether with oneself or with others.